**Health Curriculum Parent Survey 2022**

As part of the Ministry of Education policy we are ask to consult with our school community on the delivery of our Health Curriculum. Please read the information below, we would love to have input from you as parents. **Please see over the page for feedback questions, these can be returned to the school office by Friday 30th September.**

**The following is a summary of our present programme.**

**Note:** the full Health implementation plan is available at the school office if you would like further information.

**Senior school programmes:**

Puberty Education:Every second year we offer Puberty education for our year 7 and 8 year students.

Relationships with other people: This includes our “Cool School” peer mediation programmes. Creating a safe classroom and playground using mediation skills learnt.

Personal Health and Development: Covers concepts like taking responsibility for personal health, developing a positive body image and coping with change including grief and loss.

Healthy Communities and Environments: This includes drug education and student safety including risk management, being internet safe and school safety practices.

**Junior school programmes:**

Relationships with other people: This includes our “Cool School” peer mediation programmes. Creating a safe classroom and playground using mediation skills learnt.

Personal Health and Development: This programme includes looking at hygiene including keeping our bodies, hair and teeth clean. Healthy food to help children recognise and choose healthy food options. “My body and its changes” and “Change” which includes coping with grief and loss.

Healthy Communities and Environments: Keeping safe- in the playground, at home, around water and to be fire wise.

**General Programmes:**

**Life Education visit:** Every two years we have a visit from the Life Education Trust. Their programmes revolve around concepts of health related to food and nutrition, forming positive relationships, self-esteem and self-image and the substances strand which focuses on legal and illegal drugs. Leading up to the Trust visit classes will run their own programmes based on one of the 4 strands mentioned using their own resources and resources provided by the Life Education trust.

**Parent Feedback section:**

1. **Do our current health programmes meet/not meet your expectations for health education provided in Primary schools? If so, why? If not, why not?**
2. **Is there anything you would like to see added to our health programmes for the junior and senior syndicates or both?**
3. **Is there anything you would like see taken out of our health programmes for the junior and senior syndicates or both?**
4. **Is there any other information you would like to share with us in regards to Health education at Paraparaumu School.**